



Executive Coach Profile: Oriana Tickell

Coaching Philosophy, what coaching means to me:	
Location & Languages	UK, Mexico, English, Spanish
Executive coaching experience	<p>Level: Senior</p> <p>Business Sectors: All sectors</p> <p>Locations coached in: Mexico, UK and USA</p> <p>Recent coaching example: Director, large grocery chain Coached the Director of a large struggling grocery chain in Mexico through rapid career transition who then achieved positive business turnaround within one year</p> <p>Current coaching example: UK Commercial Bank Working with CEO on leadership skills from a positive psychology perspective</p>
Work Experience	<p>Oriana is currently director of Coaching Programs and the Science of Happiness at Work at iOpener.</p> <p>She works from a Positive Psychology perspective and finds that the Science of Happiness at Work is perfectly aligned with a people-focused approach that builds capability and capacity in others. Which is exactly how she likes to work. That's because it's the fastest and most enabling system for achieving results: everyone engages with the process.</p> <p>She works as an organizational consultant, change expert, team and executive coach. With 20 years of experience in her field, she has developed profound knowledge by working with a wide range of clients, including manufacturing, financial services, retail, IT and logistics. She also teaches at Masters level at the University of East London, and at TecMilenio University in Mexico.</p> <p>One of the things that gives her great happiness at work is seeing change occur and results delivered as people get reinvigorated by insights about themselves and their teams. She particularly enjoys supporting others inside organizations to use the Science of Happiness at Work™ to create</p>



	<p>an atmosphere in which people and organizations flourish. Her favorite quote in this respect is, "I never imagined we could cover so much ground in so little time."</p> <p>Oriana is the past president of the International Coach Federation Mexico chapter, and known as an authority on the profession. She and Mercedes Jahn co-authored a book on Sustainable Leadership. She works in both Spanish and English.</p>
Testimonials	<p>"Through Oriana's very effective and engaged coaching, I was lead on a very enlightening journey that forced me to see my professional objectives in a much clearer light compared to where I was when I started the coaching process." <i>Chief Operating Officer, telecoms company</i></p>
Coaching Accreditations	<ul style="list-style-type: none">● European Mentoring and Coaching Council Professional Coach● Performance Dimensions International (PDi) 360 Profiling● The Science of Happiness at Work™ Master Practitioner