



About Melissa Woodbridge

Melissa has been a Communication Coach for 10 years, drawing on her 20 years acting experience and work in Executive Search. She helps people with their personal presence and impact, their confidence and delivery. She helps leadership teams in a variety of sectors train and develop skills such as storytelling, influencing and meeting management in a variety of sectors.

She believes that small changes can make a big difference. Through raising awareness and offering specific techniques, she helps people own their message, feel more comfortable and connect to their audience. Finding authenticity and ease under pressure can be difficult, but there are skills that can be learned to achieve this. Sometimes it is creating ease and authority in everyday meetings, or it is 'armour' needed in those heightened moments like public speaking. Ultimately, Melissa wants to help the speaker to be more in control and give them the techniques to make audiences feel the trust, engagement and inspiration that is intended.

Examples of Melissa's work:

- Panorama events on confidence for Women in Business
- Storytelling workshops for companies such as Unilever and the Environment Agency
- Personal Impact coaching one-to-one, online and face-to-face

Accreditations:

- BA English Literature and Language (Manchester University)
- Post Graduate Certificate in Business and IT (Manchester Business School)
- MDra (Royal Conservatoire of Scotland)