



About Stephen Burt

Stephen is a coach and facilitator who has made some radical shifts in his career. This varied experience as a leader, a teacher and a musician has shaped his approach to coaching and facilitation. His experience of personal and organizational change underpins his determination to help his clients to make changes that stick and embed new skills and techniques.

He works across all sectors, specializing in working with high potentials, current and future leaders. His experience has taught him that real change emerges from honest, robust and supportive conversations and that serious work can be done with lightness and humor. He is equally comfortable working 1-2-1, with small groups and with large, diverse audiences.

Stephen brings calmness, focus and the strong presence that leads people to engage and achieve the outcomes they need. His style has been described as intelligent, playful, thought-provoking and tenacious. Clients value his empathy, his challenge and his ability to tell the truth as he sees it. He has an MBA and PhD. He continues to study widely in coaching, psychology and leadership. He publishes on coaching and leadership in leading international journals and writes a well-regarded blog.

Examples of Stephen's work

- Designed and led a development programme for a diverse group of senior business partners: capturing and building on best practice to generate a consistent offer to their internal clients.
- Coaching senior private and public sector leaders on personal impact, reputation and influence.
- Delivering a key-note presentation to a conference of hospice managers and staff on 'Managing myself to help others in pain', drawing on insights into resilience, empathy and psychological difference.
- Facilitating a twice -yearly 'Achieve your Potential' weekend for successive cohorts of Exec. MBA students at an international business school (now in its sixth year).

Accreditations

- NEO PI-R™
- McQuaig
- The British Psychological Society (BPS) Levels A & B
- The Science of Happiness at Work™

What our clients say about Stephen

"Stephen demonstrated wonderful interaction with the group. Great flow, good use of material and balance between frameworks, practical examples and exercises. Very useful and relevant to my personal and professional life." *Executive MBA Student, international business school*

"I like that we identified new areas for self-improvement which were addressed throughout the program." *Head of Business Planning, state owned oil and gas company*